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Item #	DESCRIPTION	Price	
	Flours (all flours are w/germ)		
101	Organic 100% Whole Wheat Flour - 50#	30.50	
101-s	Organic 100% Whole Wheat Flour - 5#	5.00	
102	Organic 100% Whole Wheat Flour - 25#	16.00	
103	Organic 100% Whole Wheat Flour - CS. (10/5#)	40.00	
104	Organic Gold N White Flour - 50#	34.50	
104-s	Organic Gold N White Flour - 5#	5.25	
105	Organic Gold N White Flour - 25#	18.00	
106	Organic Gold N White Flour - CS (10/5#)	44.00	
107-C	Organic Rye Flour - CS (10/5#)	27.50	
107-s	Organic Rye Flour - 5#	3.25	
108	Organic Rye Flour - 25#	11.25	
109	Organic Whole Wheat Pastry Flour - 50#	25.00	
109-C	Organic Whole Wheat Pastry Flour - CS (10/5#)	33.00	
109-s	Organic Whole Wheat Pastry Flour - 5#	4.00	
110	Organic Whole Wheat Pastry Flour - 25#	13.25	
111	Organic Gold N Lite Pastry Flour - 25#	15.00	
111-C	Organic Gold N Lite Pastry Flour - CS (10/5#)	38.00	
111-s	Organic Gold N Lite Pastry Flour - 5#	4.20	
114	Organic Golden Graham Flour - 25#	17.25	
114-s	Organic Golden Graham Flour - 5#	5.00	
115-s	Organic Spelt Flour - 5#	8.65	
116	Organic Spelt Flour - 25#	36.25	
116-W	Organic White Spelt Flour - 25#	39.00	
116s	Organic WHITE Spelt Flour 5#	10.00	
117-C	Organic Buckwheat Flour - CS (10/5#)	65.50	
117-s	Organic Buckwheat Flour - 5#	5.60	
118	Organic Buckwheat Flour - 25#	22.50	
121	Organic Millet Flour - 25#	21.25	
121-C	Organic Millet Flour - CS (10/5#)	50.00	
121-s	Organic Millet Flour - 5#	5.60	
125-C	Organic Hulled Barley Flour - CS (10/5#)	37.50	
125-s	Organic Hulled Barley Flour - 5#	4.05	
126	Organic Hulled Barley Flour - 25#	14.25	
127	Organic Corn Flour - 50#	25.00	
127-C	Organic Corn Flour - CS (10/5#)	32.50	
127-s	Organic Corn Flour - 5#	4.00	
128	Organic Corn Flour - 25#	13.25	
129-s	Organic Hard White Whole Wheat Flour - 5#	4.15	
130	Organic Hard White Whole Wheat Flour - 25#	16.25	
131	Organic Soy Flour, Raw Full Fat - 25#	28.75	
131r	Organic Soy Flour Raw, Full Fat 5#	9.06	
132C	Organic Brown Rice Flour - CS (10/5#)	55.50	
132-s	Organic Brown Rice Flour - 5#	7.38	
133	Organic Brown Rice Flour - 25#	24.00	
134	Organic Oat Flour - 50#	35.50	
134-C	Organic Oat Flour - CS (10/5#)	43.50	
134-s	Organic Oat Flour - 5#	6.04	
135	Organic Oat Flour - 25#	19.00	
136	Organic 6-Grain Flour - 25#	23.50	
136-s	Organic 6-Grain Flour - 5#	6.10	

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Item #	DESCRIPTION	Price		
137	Gluten Flour (NON-ORGANIC) - 50#	72.50		
137-C	Gluten Flour - CS (10/5#)	80.50		
137-s	Gluten Flour (NON-ORGANIC) - 5#	10.00		
137-sb	Gluten Flour - 2#	5.00		
138	Gluten Flour (NON-ORGANIC) - CS - (5/2#)	18.50		
139-s	Organic Pumpnickel Rye Flour - 5#	4.50		
139c	Organic Pumpnickel Rye Flour - 25#	12.25		
	Whole Grains			
201	Organic Hard Red Spring Wheat Berries - 50#	25.00		
201-s	Organic Hard Red Spring Wheat Berries - 5#	4.00		
202	Organic Hard Red Spring Wheat Berries - 25#	13.25		
203	Organic Soft White Winter Wheat Berries - 50#	17.50		
203-s	Organic Soft White Winter Wheat Berries-5#	3.00		
204	Organic Soft White Winter Wheat Berries - 25#	9.50		
205	Organic Hard White Wheat Berries - 50#	27.50		
206	Organic Hard White Wheat Berries - 25#	15.00		
207	Organic Rye Berries - 50#	17.50		
207-s	Organic Rye Berries - 5#	2.94		
208	Organic Rye Berries - 25#	9.50		
209	Organic Hulled Oats - 50#	35.50		
209-sb	Organic Hulled Oats - 5#	6.04		
210	Organic Hulled Oats - 25#	19.00		
211	Organic Whole Buckwheat - 50#	37.50		
212	Organic Whole Buckwheat - 25#	19.50		
212-a	Organic Whole Buckwheat 5#	5.94		
213	Organic Whole Yellow Corn - 50#	21.50		
214	Organic Whole Yellow Corn - 25#	11.50		
214a	Organic Whole Yellow Corn- 5#	3.30		
217	Organic Hulled Barley Berries - 50#	19.50		
217-s	Organic Hulled Barley Berries - 5#	3.00		
218	Organic Hulled Barley Berries - 25#	10.50		
219	Organic Unhulled Barley Berries - 50#	18.50		
220	Organic Unhulled Barley Berries - 25#	10.00		
220a	Organic Unhulled Barley Berries - 5#	2.95		
221	Organic Pearled Barley - 50#	22.50		
221-s	Organic Pearled Barley-5#	3.40		
222	Organic Pearled Barley - 25#	12.50		
223	Organic Hulled Millet - 50#	37.50		
223-s	Organic Hulled Millet - 5#	5.94		
223-t	Organic Hulled Millet - 2#	3.13		
224	Organic Hulled Millet - 25#	19.50		
225	Organic Spelt Berries - 50#	65.00		
226	Organic Spelt Berries - 25#	33.2		
225-ab	Organic Spelt Berries- 5#	8.10		
227	Organic Soy Beans - 50#	48.50		
227-s	Organic Soy Beans - 5#	7.81		
228	Organic Soy Beans - 25#	23.00		
231	Organic Green Split Peas - 25#	19.50		
231-s	Organic Green Split Peas - 1#	1.31		
232	Organic Green Split Peas - CS (24/1#)	21.84		



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Item #	DESCRIPTION	Price		
317-s	Organic Cornmeal (Yellow) - 5#	4.00		
318	Organic Cornmeal (Yellow) - 25#	13.25		
319	Organic Steel Cut Oats - 50#	35.50		
319-s	Organic Steel Cut Oats - 5#	6.04		
320	Organic Steel Cut Oats - 25#	19.00		
	CEREALS			
401	Organic 7-Grain Cereal - 50#	67.50		
401-C	Organic 7-Grain Cereal - CS (10/5#)	75.50		
401-s	Organic 7-Grain Cereal - 5#	8.40		
402	Organic 7-Grain Cereal - 25#	34.25		
403	Organic 7-Grain Cereal - CS (12/2#)	39.60		
403-s	Organic 7-Grain Cereal - 2#	3.60		
404	Organic Cracked Wheat - 50#	29.00		
404-s	Organic Cracked Wheat - 5#	4.15		
404-sb	Organic Cracked Wheat - 2#	2.50		
405	Organic Cracked Wheat - 25#	15.00		
407	Organic Whole Wheat Cream of Wheat - 25#	17.75		
407-s	Organic Whole Wheat Cream of Wheat - 5#	6.04		
407-sb	Organic Whole Wheat Cream of Wheat - 2#	2.75		
410	Organic Rolled Oats - 50#	35.50		
410-sb	Organic Rolled Oats - 5#	6.04		
410-T	Organic Thick Rolled Oats-50#	35.50		
411	Organic Rolled Oats - 25#	19.00		
411-T	Organic Thick Rolled Oats-25#	19.00		
411-U	Organic Thick Rolled Oats - 5#	6.04		
412	Organic Pohonka Waffle & Pancake Mix - 25#	28.75		
413	Organic Pohonka Waffle & Pancake Mix - CS (10/5#)	65.50		
413-s	Organic Pohonka Waffle & Pancake Mix - 5#	9.13		
413-sb	Organic Pohonka Waffle & Pancake Mix-2#	3.97		
414	Organic Pohonka Waffle & Pancake Mix- 10/2#	28.00		
	Miscellaneous Products			
601	Organic Oat Bran - 50#	51.00		
601-s	Organic Oat Bran - 5#	8.19		
602	Organic Oat Bran - 25#	27.50		
603	Organic Natural Wheat Bran - 30#	6.90		
603-s	Organic Natural Wheat Bran - 2#	1.88		
603-sb	Organic Natural Wheat Bran - 5#	3.25		
605	Organic Crystallized Cane Juice - 50#	60.00		
605-s	Organic Crystallized Cane Juice - 5#	8.00		
606	Organic Crystallized Cane Juice - 25#	31.25		
607	Saf-Instant Yeast - CS (20/1#) SPECIAL ORDER ITEM – 60 DAY	70.00		
608	Saf-Instant Yeast - 1#	6.25		
609	Pails w/Lid (Food Grade) - 6 Gallon	8.00		
610	Organic Popcorn (regular) - CS (12/2#)	34.00		
610-a	Organic Popcorn-5#	8.75		
610-b	Organic Popcorn-25#	30.00		
610-c	Organic Popcorn- 6/5# cs	36.60		
610-s	Organic Popcorn - 2#	4.38		
611	Redmond Real Salt - 25#	50.00		
613	Potato Flour - 50#	65.00		
613-s	Potato Flour - 5#	10.13		
613-t	Potato Flour - 2#	4.38		

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Item #	DESCRIPTION	Price		
614	Potato Flour - CS (10/5#)	74.50		
615	Tapioca Flour - 50#	40.25		
616	Tapioca Flour - CS (10/4.5#)	44.50		
616-s	Tapioca Flour - 4.5#	6.19		
617	Tapioca Flour - CS (5/24oz.)	6.25		
617-s	Tapioca Flour - 1 1/2#	2.31		
618	Arrowroot Powder - 50#	55.00		
619	Arrowroot Powder - CS (10/4.5#)	58.00		
619-s	Arrowroot Powder - 4.5#	7.00		
620	Arrowroot Powder - CS (5/24oz.)	9.00		
620-s	Arrowroot Powder - 1.5#	3.00		
621	Potato Starch - 50#	65.00		
622	Potato Starch - CS (10/5#)	74.50		
622-s	Potato Starch - 5#	10.13		
623	Potato Starch - CS (5/2#)	15.25		
623-s	Potato Starch - 2#	3.81		
624	Carob Powder - 25#	23.00		
625	Carob Powder - CS (10/4#)	47.00		
625-s	Carob Powder - 4#	9.06		
627	Rumford Baking Powder - 50#	76.00		
627-s	Rumford Baking Powder - 5#	11.63		
627-sb	Rumford Baking Powder - 2#	5.00		
627t	Rumford Baking Powder - 25#	38.75		
632	Charcoal Powder	13.00		
633	Charcoal Tablets	13.50		
634a	Organic Whole Grain Amaranth - 25#	41.25		
634b	Organic Whole Grain Amaranth - 2#	4.25		
634s	Organic Amaranth Flour-25#	43.75		
635t	Organic Whole Amaranth Flour - 2#	4.38		
635U	Organic Amaranth Flour - 5#	10.94		
637a	Organic Quinoa - 2#	8.50		
637b	Organic Quinoa - 5#	21.25		
637d	Organic Quinoa - 25#	106.25		
638	Nutritional Yeast-1# (NON-ORGANIC)	10.63		
639	Nutritional Yeast-3# ( Non-Organic)	30.00		
640	Tapioca Pearls-1#	2.19		
642	75 COUNT NITROGEN PACKETS	15.0		
644	VCR - Cocoa replacement 1#	3.75		
644-S	VIOPIN COCOA REPLACER-VCR- 2#	7.50		
645a	Organic Chia Seed - 2#	15.0		
645b	Organic Chia Seed - 5#	37.50		
652a	Organic Pinto Beans – 1#	2.00		
652C	Organic Cannellini Beans – 1#	3.00		
653A	Organic Baby Lima Beans – 1#	2.00		
654A	Organic Navy Beans – 1#	2.00		
654C	Organic Garbanzo Beans – 1#	2.00		
654E	Organic Great Northern Beans – 1#	2.50		
654G	Organic Red Beans – 1#	1.25		
654I	Organic Dark Red Kidney Beans – 1#	2.00		
701	Whole Energy Book			
703	TEN TALENTS COOK BOOK	27.50		